

## An exciting new event The Test Valley Garden and Literary Festival

There is an exciting year ahead for our charity. Thanks to the generosity shown by our supporters, in 2015 we were able to purchase over £480,000 worth of equipment for Basingstoke Hospital. For the first half of 2016, we have an ambitious target of £184,000 to purchase seven new pieces of equipment! To help us meet our targets, we have a number of exciting events, including:

#### The new Test Valley Garden and Literary Festival.

Bere Mill is the ideal site for Hampshire's first Garden and Literary Festival; its water meadows and gardens are on the edge of Whitchurch at the most beautiful stretch of the River Test. The festival will offer an exciting opportunity for enthusiastic gardeners and families to enjoy an event in a warm and welcoming atmosphere which will feature:

- Inspirational poets
- Informative speakers
- · Great music and entertainment
- Workshops and demonstrations
- · Home and garden stalls
- · Farmers' market food stalls
- · Children's activities
- Exhibition of art by the President of the Society of Floral Printers
- Presentation and exhibition by an award winning photographer and journalist on Gardens in War Zones.

The garden at Bere Mill will be open under the National Gardens Scheme.

The festival will start with an evening reception and talks on **Saturday 11th June 18.00-20.30** (advance tickets only). The main event will be on **Sunday 12th June 10.00-17.30**. The latest information about the Festival will be available online at testvalleyfestival.co.uk where tickets can also be purchased.



## Can you help?

Contact us for more information on how you can help to raise much needed funds
Registered
01256 314759 medicalfund@hhft.nhs.uk www.nhmedicalfund.org Charity No. 282094

## Our highlights from 2015

#### What we raised

£55,000

On the 16th April, we held a private viewing of the acclaimed exhibition Alexander McQueen: Savage Beauty at the V&A Museum. 600 guests were invited to a fabulous champagne reception in the iconic Dome gallery, followed by an exclusive viewing of the exhibition. The evening ended with a silent auction, in which guests had the opportunity to bid on unique & original items.

> £11,000 Abseil

On the 3rd October, 50 participants, including our Chairman William Magill, abseiled over 60 feet down the side of Basingstoke Hospital in aid of the NHMF.

Wine Dinner £106,000

On the 5th November, 90 quests were invited to Avington Park for a private wine dinner. Guests were treated to a champagne reception, a three course dinner alongside several stunning wines, and a firework display to complete the evening.

**Stationary Bike Rides** 

Over the hottest days of the year on the 1st and 2nd July, Hampshire's E3 Wheezers cycled non-stop from 8am to 8pm. On the 9th December, the team got the bike back out again for a Santa Cycle!

Carol Service

We were joined by special guest speaker Clare Balding OBE, the Lord Wandsworth Junior Choir and Basingstoke Choral Society for our annual Carol Service on 3rd December at St Michael's Church. Almost 300 quests gathered for the celebration, with plenty of mince pies and mulled wine to go round! We received almost £2,000 in generous donations on the evening

£2,650

£2,000

#### What we bought

£194,000 Prostate Focal Therapy Equipment

This piece of equipment, for the effective treatment of localised prostate cancer, minimises the side-effects when compared with the conventional radical therapies, such as radical prostatectomy. We'll be only the 2nd hospital in the UK to have this piece of equipment.

£60,400 Cardiac - Intravascular Ultrasound

The IVUS is a catheter based system that allows physicians to acquire images of diseased vessels from inside the artery, allowing physicians to better assess the cause of heart attacks and angina.

£76,209 Respiratory - Full Lung Function testing equipment, including body plethysmography

experience and enhancing the journey to prompt treatment!

This latest state of the art software and diagnostic applications allows physiologists to perform respiratory testing in line with current guidelines and recommendations. The equipment will allow patient data to be easily transferred between sites allowing for a more streamline patient

£35,763 Gynaecology – Hysteroscopes

option of staying all day or overnight.

The money raised for the gynaecology ward bought a fine diameter telescope and ancillary equipment, in order to improve the diagnosis and treatment of patients with postmenopausal bleeding and period problems. Women's Health at BNHH can now offer women diagnostic hysteroscopies in an outpatient setting, taking 45 minutes rather than the only previous

Valarie Parker, the first patient seen in this clinic said "Everyone was lovely and kind and it was great to be able have a cup of tea and then drive myself home afterwards, all within a couple

hours of arriving this morning."

£109.309 Endobronchial Ultrasound

This innovative endoscopic examination which is done as a day case, is now considered an essential procedure in determining the extent of lung cancer. Having this piece of equipment in the hospital will improve the speed of diagnosing

and treating lung cancer, making a radical difference by reducing the wait for many anxious patients and their families.

We have also purchased additional pieces of equipment for various departments within the Hospital, totalling £4,437













































































## 2016 fundraising What we are purchasing in 2016 Over £184,000 to raise!

## For Maternity: Central Fetal Monitoring system



This system will be used to assist with the safe care of mothers and their unborn babies. The technology will allow remote viewing of the babies heart rate trace (continuous fetal monitoring) by a doctor or midwife away from the patient, enabling a second opinion. This provides numerous benefits to both staff and mothers to be, including reducing the number of reportable incidents relating to fetal monitoring throughout pregnancy, labour and birth, improving outcomes for both women and babies using HHFT Maternity Services.

#### For Gastroenterology:

#### **Spyglass**

The new Spyglass DS technology is an innovative device that enables doctors to explore the tiny ducts and passageways within the liver and pancreas that are blocked by stones or tumours. The ultra-slim device uses the world's smallest digital camera and improves the ability to successfully treat and diagnose patients, reducing the time of the procedure and need for repeated examinations.

£65,000 + £1,950 per scope

#### **Shear Wave Ultrasound**

The shear wave ultrasound probe enables patients with suspected liver fibrosis to have a simple ultrasound scan to safely assess and/or confirm diagnosis. At the moment the only way of reliably determining the degree of scarring is by liver biopsy which is invasive,

can be painful and carries a small risk. It is currently done only in a few major liver centres. This would be a more local service for the population of North Hampshire and the surrounding area.





## For Intensive Care: C-MAC Videolaryngoscope

A laryngoscope is a medical instrument used to visualise a patient's airway and facilitate intubation. The C-MAC videolaryngoscope produces a real-time video image of the airway that may be viewed by the operator and other members of the team at the same time. The shape of this blade and the video system allow indirect visualisation of the airway and successful intubation in cases that would not be possible with a standard laryngoscope

## For Radiography: SAFIRE



SAFIRE is a raw data based Iterative Reconstruction technology that reduces noise on CT images and hence reduces patient dose. Therefore, patients receive less radiation dose without reducing image quality. Both CT scanners are used 24/7 and scan on average of 14,000 patients per year with an increasing demand for CT imaging throughout the NHS.

## For Critical Care: MOTOmed Letto2 Leg/ Arm Bed pedals





MOTOmed Letto2 Leg/Arm Bed pedals are a revolutionary motor driven and software controlled bed trainer for gentle movement therapy. The legs can be moved passively, motor assisted or active resisted. The MOTOmed is a wonderful device that can be setup by any member of the critical care team, to provide patients with a greater opportunity to engage in physical rehabilitation, at an earlier stage in their hospital stay and more frequently than what is currently available to them.

## For Gynaecology: Hysteroscopy and Biopsy Equipment



This will further the use of the 5 hysteroscopes we purchased for the department last year. This equipment would increase the usage of the existing kit to allow for the possibility of targeted biopsy during an outpatient procedure, saving the patient having to return to the hospital for another visit, resulting in less costs to the NHS.

#### **News**

#### **Collecting Cans**

Terry Lister, who runs a burger bar at the side of the A339 on the outskirts of Basingstoke, has raised more than £4,182 over the last 7 years through collecting cans! Thank you Terry for your continued support.

O TO

Thank you to Rendezvous Restaurant in Basingstoke Hospital who to date have raised over £1,300 through collecting cans.

#### **Charity Shop**

For two weeks from the 13th October, we will have a pop up charity shop in Whitchurch town centre. If you can spare some hours to volunteer in the shop or if you have any clothes and accessories to donate, please get in contact with us!

#### The 200 Club

#### The 200 Club was launched in 2012 and currently has 200 members.

Members pledge an annual amount of £200 by standing order, the equivalent of £3.85 a week. As a member, you will have the opportunity to see first-hand how the equipment is helping to improve treatment and save lives. We have also recently launched a 200 club prize draw where members are automatically entered each month. Previous prizes have included a Fortnum & Mason hamper and a dinner for four at the Bel & The Dragon!

We would love you to join us. To do so, please contact the fundraising office on 01256 314759 or medicalfund@hhft.nhs.uk.

### 200 club members

Anonymous
Mrs Bridget Anderson
Mr Mark Andreae
Mr Martin Arkwright
Nigel & Teresa Armstrong
Mr & Mrs Austin
Mr Ian & Lady Emma Balding
Norman & Maureen Bannock
Dr Alison Baxter
Mr & Mrs Christopher Berry
Green

Dr Andrew Bishop Mr & Mrs Richard Blacker Mrs Michael Boyle

Mrs Hilary Bridgman

Dr Amanda Britton

Mr & Mrs Charles Bromfield

Mr Dick Bronks Dr Carl Brookes

Mr Tony Brooking

Mr Mark Burton

Mr Richard Butler Adams

Michael D C C Campbell MBE, DL

Jeanie, Countess of Carnarvon

Caroline Cazenove
Mr & Mrs Patrick Chamings
Barry and Gina Champion

Mr Andrew Chance

Mrs Marilyn Clegg
Mr & Mrs Simon Cleverly
Mr & Mrs Clifton-Brown
Anthony R C B Cooke
Mr & Mrs John Coulson
Captain & Mrs PJ Cornelius
Mr & Mrs James Crosbie
Dawson
Mr & Mrs John Cullis

Mr & Mrs John Cullis
Dr Judith Mary Darmady
Mr Nic de Boinville
Mr Simon de Boinville

Mr Simon de Boinville
Mr & Mrs Mark De Groot
Mr Dom Del Mar

Mr Dom Dei Mar Michael & Anthea Del Mar

Dr & Mrs Chris Dixon Paul Dobson

Mrs Joan Dooley-Faulkner Diana & Malcolm Dougal

Mrs Angela Du Sautoy Mr & Mrs Derek Edwards

Mrs Mark Edwards Captain Christopher Fagan &

Dame Mary Fagan Mr & Mrs Edward Fane

Mr D & Dr J Finch

Mr & Mrs Robert Finlayson Mrs Grace Foot Mrs Romaine Foot John Fowler Lindsay & Robert Fox

Mr Phillip Freedman

Dr & Mrs Hugh Freedman Mr Charles Gibbs

Mr & Mrs Richard Gibbins

Mr & Mrs Michael Gibbons Fergus & Clare Gilmour

Cllr & Mrs Jonathan Glen Robert Glossop

Mr & Mrs Richard Gnodde

Mr & Mrs Richard Goodwin

Mr & Mrs Barry Gould Rosemary Groves

Charles & Claire Hamilton-Russell

Mr Derek Hammond Giles

Lord & Lady Hayter

Mr & Mrs Robert Harris

Mr Ian & Mrs Charmaine Harrison

Mr & Mrs B M Harwood

Mr John Hastings Bass G N Hazell

Mrs Maggie Heath

Mr & Mrs J Heweston-Brown

Mr Richard Hindley

Dr J F Hollingshead & Miss Margaret Farquharson

Mr Charles Holroyd Mrs Amanda Hosie

Mr & Mrs Nigel Howard-Jones

Mrs Inge Hunter

Mr & Mrs Nigel Hurst-Brown Mrs Karin Jardine-Brown

Mr John Jervoise Mr Edward A G Jones Mrs Harriet Jones Helena & Guv Jordan

Mr David Josey

Mr & Mrs Colin Keogh

Mr & Mrs John Kerr

Mr & Mrs R I A Knapman

Francis & Miranda Kirkpatrick

Mr & Mrs Christopher Legge Mr & Mrs Gareth Lewis

Mr & Mrs Antony Littleton

Mr & Mrs Peter Lord

James & Claire Lloyd Graeme Lunn

Mrs Jane Lvons

Mr & Mrs Nick MacAndrew

Mr & Mrs MacKinnon

Mr & Mrs William Magill

Mr & Mrs Guy Mainwaring-Burton

Mr & Mrs John Malarkey

Mr David Male Mrs David Male

The Earl of Malmesbury

Mr & Mrs William Maltby

Anna Manners
The Hon Thomas Manners

Mr & Mrs Richard Marsh

Mr & Mrs A McWhirter

Mr & Mrs Nick Medd

David P Millard

Mrs Victoria Mitchell

Princess Maha Mohammed

Mr & Mrs Malcolm Moir

Mr & Mrs William Monk

Mr & Mrs Chris Moore Mr Jeffrey Morgans Sir Paul & Lady Neave T G Nedas Mrs Nicola Needham

Derek N D Netherton
Charles & Martie Nicholson

Mrs Antoinette Oppenheimer Mrs Ursula Opperman Justin Orchard-Lisle

Mr & Mrs Padovan Mr Anthony Palmer

Mr & Mrs Dennis Paravicini

Mrs Nicola Parker
Mr Richard Parry

Mr & Mrs Iain Paterson

Tessa Pemberton Mrs Sally Pengilly

John & Tessa Perceval

Mr & Mrs Ian Perkins Christian Phillips

Mrs Daphne Phillips
David Pigot
Mr Raleigh Place

Susan Pragnell

Mr & Mrs Hugo Pratt

Mr & Mrs Anthony Pullinger

Mr & Mrs Christopher Radford Mr & Mrs William Ramsay

Mr & Mrs Mark Randall

Mathew & Tamsin Raymond

Mr Ray Reed

Merv Rees

Mr Charlie Remnant
The Hon Philip Remnant

Mr A B Richards

Mr & Mrs Andrew Ritchie

Ann & George Ritchie
Mr & Mrs James Robinson

Mrs James Russell

Sir Timothy & Lady Sainsbury David & Lynneth Salisbury Charles Sandy Stephen & Janie Schaffer Sir James Scott

Mrs Carey Sedgwick-Dwane Mr & Mrs Julian Sheffield Sir Richard & Lady Shirreff

Mr & Mrs Jonathan Shorten Mr & Mrs Angus Sladen

Dr & Mrs Paul Spraggs

Mr & Mrs Mark Stacpoole
Rosie Stancliffe

Mr & Mrs Graham Stewart

Dr Peter Storah Mr Sheridan Swallow

Mrs C F G Sykes

Patrick & Heather Taylor
Mr & Mrs Simon Troughton

Mrs J C Verity Simon Wainman

Michael & Annie Wainwright

Mr & Mrs Michael Walford Andrew Walters

Mr & Mrs Toby Ward Mr John & Lady Carolyn

Mr John Warren

David & Clarissa Watts
Miss Fenella Welsh

Mr & Mrs David Wiggin Mr Rupert Wiggin

The Hon Andrew & Henrietta

Wigram Mr Max Wildsmith

Mrs Paulline Williams Mr & Mrs Hugh Willis

Mr & Mrs Billy Wilson Andrew & Celia Woollett

#### The Medical Fund Trustees

Jeanie, Countess of Carnarvon (MBE) – Patron Dr Andrew Bishop MA MD FRCP – Governor

Lady Carolyn Warren -

Governor

John Fowler – Governor William Magill – Chairman John Coulson – Vice Chairman Romaine Foot Maggie Heath

Timothy Nedas Richard Parry Brian Reid Angus Sladen, Fenella Welsh, MA, MD, F

#### The Business 500 club

#### At the beginning of 2016, we launched the 500 Club.

The 500 Club will work in the same way as the 200 club. Businesses donate to us £500 per year, and receive a number of benefits in return, including:

- Free advertising in our newsletters, which has a distribution of over 3000 readers
- Free advertising on our screen in the private Candover Clinic within Basingstoke Hospital
- A link on our website to your company's website

If you have a business, we would love to hear from you.

Please contact the fundraising office for more information on 01256 314759 or medicalfund@hhft.nhs.uk

## The Business 500 Club is launched

On the 17th February, we were joined by 14 local businesses for the launch of our 500 Club.

Business representatives and medical fund trustees gathered in the Ark Centre for a two course lunch, where Tim Nedas, Consultant Urologist, William Magill, Chairman, and Councillor John Glen spoke about the work of the charity.

We are delighted that, as a result of the lunch, many businesses are eager to support us in a number of different ways.



#### 500 club members

#### L. Hunt and Sons Ltd



L Hunt & Sons is a successful family run Haulage Company, and have been a part of the Basingstoke community for 120 years. L Hunt & Sons helped us recently by transporting 20 beds from Swindon to Basingstoke for our bed push. We are so grateful to have their support!

#### **Knight Frank**



Knight Frank are an established and recognised brand, selling

some of the best properties in the country since 1896. Their long-standing Basingstoke office handles residential property for sale throughout North Hampshire and Berkshire. Knight Frank Basingstoke have generously sponsored our new event, the Test Valley Garden and Literary Festival.

#### **R.W. Armstrong**

R W Armstrong is a family firm with over fifty five years of experience working on the finest properties in the South East of England. Our traditional ethos and expert craftsmanship have been built up over four generations.

We specialise in high end refurbishment and renovation of country homes, as well as period town houses and listed properties.

#### R W ARMSTRONG

fine quality building

#### **The Champion Group**



The Champion
Group of Companies
offers a complete
one-stop 'shop' for
building works of any
description and size.
NO PROJECT TOO
BIG AND NONE TOO

SMALL. Our team, of more than 450 qualified operatives, offers an integrated range of building services, including brickwork, scaffolding, property refurbishment, tool hire and site development. Whether you are looking for some access scaffolding to carry out that DIY repair or looking for someone to make the home of your dreams a reality please do not hesitate to contact us.

#### **Watership Property Ltd**

#### WATERSHIP PROPERTY LTD

independent property search and acquisition

We provide a bespoke and highly discreet property advisory, search and acquisition service aimed at taking the hard work and risk out of buying a property. We operate predominantly in the country house, country estate and equestrian markets but we will also look after international clients looking for prime properties in Central London.

We act solely on the buyer's requirements – representing their best interests, not the vendors who are represented by the estate agents. We manage the whole purchase and completion process.

## We're happy to have helped...

#### Mr Luke Clifford BM FRCOphth, Consultant Ophthalmologist

The Icare Tonometer which has been kindly donated to the ophthalmology unit at North Hampshire Hospital is a state-of-the-art piece of equipment which is recognised to be an essential part of paediatric eye care. It is a fantastic addition to the eye unit allowing me to check eye pressures in children which would previously have been impossible without a general anaesthetic. This small piece of equipment has had a large and important impact on my practice and is hugely beneficial for all the patients who need it.









Portable Structure Sensors, Orthotics

#### Bill Davison, Orthotic Team Lead/ Clinical Lead Orthotist

On behalf of the Orthotic Team here at BNHH we would like to thank Judith Charmer and the North Hampshire Medical Fund for providing the funding and purchase of the Portable Structure Sensors.

This equipment is state of the art technology which will enhance the orthotic clinical service. As a clinical tool it is extremely low profile, non-invasive and completely transportable for use in any clinical environment. Essentially by utilising Class 1 Infrared Laser Technology the equipment allows the Orthotist to guickly and safely acquire a 3-D image of a patients' chosen body segment avoiding the timely and often messy conventional plaster casting method. The acquired image can then be sent electronically to an offsite workshop for the fabrication process. where a specialised carving machine can produce a solid carved expanded foam 3D model of the chosen body part. This model can then be instantly utilised for the moulding and production of the orthosis to the specifications prescribed by the Orthotist.

As a clinical tool the Portable Structure Sensor will save time and resources and will assist the Orthotist in the day to day clinical environment. This will in some cases eliminate the need to take conventional plaster cast mouldings from carefully selected patients for the production of more complex orthoses.

# Basingstoke Hospital Bed Push 23rd April 2016

Join us for a fun-filled day with prizes up for grabs, awarded to the best dressed bed and fastest team to complete the circuit!

#### What is a bed push?

Traditionally, a bed push is an event in which a wheeled bed is pushed through the streets; however, we are adding a competitive edge to it by turning it into a race! Decorating of the beds is encouraged and there is a prize for the best dressed bed!

#### When is it?

The bed push is taking place on Saturday 23rd April (St George's Day). The day will start at 10am but your team will receive an allocated time.

## How many people can take part?

We have over twenty beds available so there is plenty of space for your team! Teams should be comprised of six people, five pushers and one rider.

#### Where is the race?

The race course is a clockwise circuit around the circumference of Basingstoke Hospital, starting at the bottom car park. The length is approximately 1km. The beds will race one at a time for a time trial and the team with the fastest time at the end of the day wins!

#### How much does it cost?

Entrance is free, but we ask participants to try and raise £100 each through Virgin Money Giving, Just Giving or a sponsorship form.



Beds being delivered by L. Hunt & Sons ready for the bed push

## So what are you waiting for?

Contact us for an application form on 01256 314759 or Medicalfund@hhft.nhs.uk

## This event is kindly supported by:

Thank you to both L Hunt & Sons who very generously transported and delivered 20 old hospital beds from Swindon to Basingstoke and ArjoHuntleigh who kindly provided us with the beds.



#### How can you help?

## How you can make a difference

Leave a legacy: By leaving a legacy to the North Hampshire Medical Fund, you can help to make sure that we can continue to support Basingstoke Hospital through purchasing specialist equipment.

Set yourself a challenge: From marathons to bake sales, there are so many different ways you can fundraise for us!

**Volunteer:** If you could volunteer your time for us, we would love to hear from you. The time you give really does matter and it can be as little or as much as you choose.

## Get in contact with us:

Facebook - North Hampshire Medical Fund

Twitter - @nhmedfund

The North Hampshire Medical Fund, Basingstoke and North Hampshire Hospital, Aldermaston Road, Basingstoke, Hampshire, RG24 9NA

01256 314759 medicalfund@hhft.nhs.uk

Have you seen our new website? Visit www.nhmedicalfund.org

#### **Future events**

23rd April

Bed Push @ Basingstoke Hospital



#### 12th June

Test Valley Garden & Literary Festival @ Bere Mill, Whitchurch

#### 22nd June

Golf Day @ Dummer Golf Club

#### 10th September

Abseil @ Basingstoke Hospital

#### 1st December

Carol Service @ St Michael's Church, Basingstoke



Please contact us for more details on these events.

### The North Hampshire Medical Fund

**Contact us:** Judith Charmer, Fund Manager Basingstoke and North Hampshire Hospital, Aldermaston Road, Basingstoke, Hampshire RG24 9NA